



Fond du Lac County Health Department

City/County Government Center
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Public Health
Prevent. Promote. Protect.
**Fond du Lac County
Health Department**

FOR IMMEDIATE RELEASE: March 2, 2020

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What you should know about Coronavirus and Influenza in the Community

In response to a number of questions and concerns related to Coronavirus, we are sending this news release to keep the residents of Fond du Lac County informed.

There has been a lot of talk in the news about the Coronavirus, now known as COVID-19. There is also talk about influenza. Unlike COVID-19, influenza is our current threat and very prevalent in Wisconsin right now. Influenza has already impacted thousands of people, including hospitalizations and deaths. Both viruses have similar symptoms, and both viruses have the potential to make someone very sick. Because Influenza is circulating so rapidly in Wisconsin and while COVID-19 is not, we have the potential to mitigate it's spread. Please take the tips we are presenting to you very seriously. This is our opportunity to ensure our community can stay strong.

- Get a flu shot. Vaccine is still available at many locations including the Health Department, pharmacies, grocery stores, primary care providers, etc. Contrary to popular opinion, the shot does not make you sick. If you receive the flu vaccine and still get sick, you are less likely to pass the sickness on to others and recovery is quicker, meaning you will miss less work.
- **If you or your child is sick, stay home from work and do not send your child to school until fever-free for 24 hours without taking any medication to help lessen a fever. If you are an employer, please promote an environment where employees feel safe calling in when they or their children are sick.**
- Encourage good hygiene. Avoid touching your eyes, nose, and mouth with unwashed hands. Wash your hands frequently with soap and water for at least 20 seconds, especially prior to eating and drinking.
- Frequent disinfection of surfaces such as desks, counters, and doorknobs will help minimize the spread of illnesses.
- Practice social distancing. Keep a friendly distance between anyone who appears to have flu-like symptoms.



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We can assure you that Fond du Lac County Health Department along with the Centers for Disease Control and Prevention (CDC) and the Wisconsin Department of Health Services are working together every day to prepare for and respond to the COVID-19 situation.

The Health Department continues to monitor the threat levels and is available to answer questions you may have. For the latest information on COVID-19 and influenza, please go to <https://www.cdc.gov/>.

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